

# Mental Health Counseling

## Master of Arts (MA)

The Mental Health Counseling Program is designed to train potential counselors for a variety of mental health settings. Each student must work closely with his or her advisor regarding the student's program of study.

### Becoming Career Ready...

/Students develop a strong foundation of knowledge through engaging in their counseling core courses.

/Students gain strength-based and constructive feedback from faculty and supervisors in their practicum and internship experiences.

/Students are challenged to self-reflect on their professional development throughout the program.

/Students have the opportunity to present with faculty at state and national professional conferences.

/Students are eligible for both counselor licensure and national certification upon successful completion of the program.

### Career Planning

Most graduates of our program become counselors at local agencies within the southeast region.

### Internship and Employment Opportunities of Recent Graduates/ Graduate Schools and Programs of Recent Graduates

- Graduates of our program have internship opportunities and become employed at agencies within our local region.
- Graduates are leaders and clinical coordinators in our local agencies and within the university's Counseling and Disability Services.
- Graduates are eligible for counselor licensure.
- Graduates are eligible for national certification.
- Graduates have elected to further their education through attaining a Ph. D. in Counselor Education and Supervision.

### Admission Requirements

1. Undergraduate GPA of 3.0\* on a 4.0 scale
2. Three (3) letters of recommendation (one is required to begin the process, an additional two are required before full admission to the program can be completed.)
3. Have an undergraduate preparation of 9 total credits in the social sciences, including, psychology, counseling, sociology or appropriately focused university studies courses

Further, the candidate must satisfactorily complete CP 610 Counseling Orientation and Ethics. Students must complete a personal statement essay as well. Students will have an interview with member(s) of the counseling faculty. Following the interview, faculty will offer provisional admission, probationary admission, or deny admission.

\* With approval of the admissions committee, students that have an undergraduate GPA of 2.75-2.99 or have achieved a GPA of 3.25 during the last 60 hours of undergraduate work may be admitted on a probationary basis. Students who hold a master's degree with a 3.5 GPA will have satisfied the admissions GPA requirement. Students admitted on probation must attain a 3.5 GPA for the first 9 hours of graduate work.

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This is a guide based on the 2020-2021 Graduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on factors such as dual enrollment, remediation, and summer enrollment. Students meet with an academic advisor each semester and use Degree Works to monitor their progress.

### CURRICULUM CHECKLIST

#### Mental Health Counseling – 60 hours

- \_\_\_ CP 610 Counseling Orientation and Ethics (3)
- \_\_\_ CP 611 Developmental Theories (3)
- \_\_\_ CP 612 Counseling Theories (3)
- \_\_\_ CP 613 Social & Cultural Aspects of Counseling (3)
- \_\_\_ CP 614 Counseling Skills (3)
- \_\_\_ CP 615 Career Development (3)
- \_\_\_ CP 616 Group Counseling (3)
- \_\_\_ CP 617 Assessment in Counseling (3)
- \_\_\_ CP 631 Crisis Intervention and Consultation (3)
- \_\_\_ CP 640 Foundations of Mental Health Counseling (3)
- \_\_\_ CP 641 Mental Health Systems and Prevention (3)
- \_\_\_ CP 643 Psychodiagnostics and Treatment (3)
- \_\_\_ CP 645 Marriage and Family Counseling (3)
- \_\_\_ CP 661 Addictions Counseling (3)
- \_\_\_ CP 680 Counseling Practicum (3)
- \_\_\_ CP 686 Internship -- Mental Health (3)
- \_\_\_ CP 687 Internship -- Mental Health (3)
- \_\_\_ CP 688 Advanced Internship -- Mental Health (3)
- \_\_\_ GR 691 Methods of Research (3)
- \_\_\_ GR 698 Master's Final Comprehensive Exam (0)
- \_\_\_ Electives (3)

#### Suggested electives:

- \_\_\_ CP 664 Religion/Spirituality (3)
- \_\_\_ CP 652 Intro to Plan Therapy (3)

#### Prerequisites:

9 credit hours in the social sciences, including: psychology, counseling, sociology or appropriately focused general education courses.